

What Can I Do With a Major in Physical Education (PreK-12)?

Possible Career Options

(some career options could require advanced study)

Activities Specialist
 Adaptive Physical Education Specialist
 Athletic Director
 Dance Instructor
 Early Childhood Motor Skills Instructor
 High School Sports Coach/Manager
 Movement Education Specialist
 Physical Education Specialist
 Physical Education Teacher
 Professional Sports Coach/Manager
 Recreation Manager
 Sports Fitness Instructor/Coordinator
 Strength/Conditioning Coach
 Youth/Sports Camp Director
 Youth Sports Coach

Transferable Skills

Possesses good physical fitness

Emphasizes lifelong fitness and physical activity

Understands the mechanics of the human body

Identifies the psychological factors involved in sports participation

Implements, administers, and evaluates physical education and athletic programs

Plans lessons and activities for various age and ability levels

Teaches skillful motor activity control, fitness, sports, games, aquatics, and dance

Identifies the physiological factors involved in physical movement

Understands the biomechanical principles related to physical movement

Employment Sites

Past interns and graduates have worked at:

Akron Public Schools
Aquatic & Fitness Center Company
Ashland City Schools
Ashland University
Avon Lake City School Board of Education
Baxter Healthcare Corporation
Brunswick City School Board of Education
Bucyrus City Schools
City of Columbus
City of Norwalk
City of Oakland Park
Clarke Technical College
Cleveland City School Board of Education
Columbus City School Board of Education
Eastern Kentucky University
Elyria City School Board of Education
Garaway Local School Board of Education
General Nutrition Center Company
Heidelberg College
Holmes County Training Center
Ithaca College
Jefferson Local School Board
Kenton City School Board of Education
Knox County Board of Education
Lake Wales YMCA
Loudonville-Perrysville Exempted Schools
Lucas County Board of Mental Retardation
Manchester County School Board of Education
Mansfield City School Board of Education
Mentor Exempted Village School Board of Education
Mohican Youth Center
New Life Fitness Center Company
North Canton City School Board of Education
North Central Technical College
Northeast Ohio Sports Medicine
Northeastern Local School Board of Education
Northwestern University
Ohio School Board Association
Ohio State University
Ontario Local School Board
Painesville City Local School Board of Education
Polaris Career Center
Purdue University
Richland County Board of Education
Richland Hospital
Rochester City School Board
Southeast School District
Stamford City School Board
Tiffin City School Board of Education
United States Marine Corp
University of Dayton
University of Michigan
University of South Alabama
US Navy
Wayne County Board of Mental Retardation
Waynesfield-Goshen School District
West Virginia Wesleyan College
Westfield City School Board

Experiential Education

Leading after-school program at YMCA

Teaching concepts and leading practices at sports camps

Serving as an Activities Director of a summer camp

Instructing Red Cross water safety classes

Coaching interscholastic sports team

Supervising weight room activities

Additional Resources

Eberts, Marjorie & Gisler, Margaret, (2000), *Careers for Kids at Heart & Others Who Adore Children*, Contemporary Publishing Group: Chicago, IL.

Edelfelt, A. Roy, (1998), *Careers in Education*, Contemporary Publishing Group: Chicago, IL.

Jenson, Clayne & Naylor, Jay, (2000), *Opportunities in Recreation and Leisure Careers*, Contemporary Publishing Group: Chicago, IL.

McDavid-Echaore. Susan, (2001), *Career Opportunities in Education*, Checkmark Books: New York, NY.

Occupational Outlook Handbook, (2002-03), US Department of Labor.