

## What Can I Do With a Major in Therapeutic Recreation?

### Possible Career Options

*(some career options could require advanced study)*

Camp Director  
 Community Center Director  
 Fitness Instructor/Specialist  
 Industrial Recreation Specialist  
 Municipal Recreation Director  
 Prison Recreation Specialist  
 Recreation Facility Manager  
 Recreation Instructor  
 Recreation Therapist

### Possible Places for

#### Employment:

*(some career options could require advanced study)*

After Care Agencies  
 Hospitals  
 Mental Retardation Centers  
 Non-Profit Agencies  
 Nursing Homes  
 Prisons  
 Public Recreation Centers  
 Rehabilitation Centers  
 School Districts  
 Summer Camps

### Transferable Skills

Enhances the lifestyle of individuals through a wide range of activities

Relates and interacts with people of varying ages & backgrounds

Knows recreational and leisure theories and therapeutic recreation practices

Uses recreational activities to promote optimal functioning

Possesses good health and physical stamina

Leads, directs, and supervises others

Understands dynamics of groups

Organizes and coordinates activities

Solves problems and makes appropriate decisions

Communicates well both orally and in writing

Maintains composure in stressful situations

## **Employment Sites**

Past interns and graduates have worked at:

Boys Village  
Cincinnati Recreation Commission  
Crestline Hospital  
Dale Roy School  
Drake Career Center  
Firelands Hospital  
Good Shepherd  
Grande Point Healthcare  
Health Hill  
MaComb Oakland Regional Center Office  
Massillon Community Hospital  
MedCentral  
Mental Health Services of Clarke County  
Metro Health Center  
Mohican School of Out of Doors  
Outlook Point  
YMCA of Ashland

## **Experiential Education**

Leading activities for students with disabilities at summer camp  
  
Volunteering as an assistant at a rehabilitation center  
  
Running summer activities program at resort catering to families with disabled members  
  
Leading therapeutic horse riding program  
  
Providing respite aid to families with disabled children  
  
Coaching Special Olympics team  
  
Developing activities program for retirement centers

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## **Additional Resources**

*Exploring Health Care Careers Volume 1 and 2*, (1998), Ferguson Publishing Company: Chicago, IL.

Field, Shelly, (1997), *Career Opportunities in Health Care*, Facts on File Inc.: New York, NY.

Field, Shelly, (1999), *Career Opportunities in the Sports Industry*, Checkmark Books: New York, NY.

Jenson, Clayne & Naylor, Jay, (2000), *Opportunities in Recreation and Leisure Careers*, Contemporary Publishing Group: Chicago, IL.

National Health Council, (1998), *270 Ways to put Your Talent to Work in the Heart Field*, Hoffman-La Roche Inc.

*Occupational Outlook Handbook*, (2002-03), US Department of Labor.

Swanson, Barbara, (2000), *Careers in Health Care*, Contemporary Publishing Group: Chicago, IL.